

Preventive Measures against Flu

To ensure a safe and hygienic learning environment for students and teachers, the school has taken the following preventive measures against H1N1 Flu Virus:

1) Parents should stay alert to children's health condition

- If children have symptoms like fever, coughing, running nose, sore throat, muscle pain and headache (some patients suffer from nausea, vomiting and diarrhea as well) they should not go to school and should consult a doctor immediately.
- To have a better understanding of patient's condition, school staff will enquire the absentee's parents of the followings: student's body temperature and whether she has displayed symptoms such as coughing, sore throat and running nose.
- If student is confirmed to be infected with H1N1, parents should notice the school immediately.
- Students who have pre-ordered lunchboxes can make cancellations by phone at 2487 0691.

2) School's Preventive Measures

- If a student is not feeling well, kindly ask her to go home and consult a doctor immediately.
- When necessary, the school will arrange teachers on duty to check body temperatures for all students at the school entrance. Students will be required to sterilize their hands with alcohol-based handrub.
- Maintain a close contact with CHP and EDB for advice and support, as well as to monitor the situation of the entire school.

School Announcement	<ol style="list-style-type: none">1. Students should cover their noses and mouths when cough or sneeze. Always wrap nasal and mouth discharges with tissue paper and dispose them properly.2. When using drinking fountain, please avoid direct contact with the orifice guard.3. Do not share lunchboxes or drinks with others.4. Students should exercise regularly, take enough rest and adopt a balanced diet in order to strength the body immune system.
Environmental Hygiene	<ol style="list-style-type: none">1. School will perform daily cleaning with 1 in 99 diluted household bleach. Windows are kept open to ensure good ventilation.2. Liquid soap is provided inside toilets.

	<p>3. Regular cleaning of common facilities is conducted.</p> <p>4. If four or more students are absent because of influenza, the whole class should wear facemasks.</p>
School Activities	<p>1. Assemblies at hall or sportsground will be cancelled depending on the situation. It will be held through live broadcast in the classroom.</p> <p>2. During forms activities, ventilation of the venue should be first taken into account.</p>
Arrangement of Students' Learning	<p>1. If necessary, homework can be collected at school. Teacher will be happy to assist the absentees on their learning.</p> <p>2. Supplementary tests can be arranged if necessary.</p> <p>3. Under special circumstances, formative assessment will be carried out based on students' daily performance.</p>

For more information concerning H1N1, you may go to CHP's website

www.chp.gov.hk

Reference on Body Temperature:

Body temperature varies with age, time of day, and level of physical activity. For screening purpose, temperature above the reference range quoted below will be considered as significant and one should consult a doctor for suspected fever.

Measuring method	Celsius scale (°C)	Fahrenheit scale(°F)
Oral	37.5°C	99.5°F
Ear	38.0°C	100.4°F